



WESTLANDS WALKERS

WEDNESDAY MORNING BLUES?

HAVE YOU GOT LITTLE ONES THAT NEED TO GET OUT AND ABOUT?

A SHORT WALK FROM 10 MINUTES TO HALF AN HOUR MAY BE ALL THAT YOU NEED.

**MEET WITH FRIENDS AND MAKE NEW ONES AS YOU WALK TOGETHER FOR A STROLL
OR A MORE BRISK WALK IF YOU ARE ABLE.**

EVERY WEDNESDAY

9.15—9.45

MEET OUTSIDE

WANDS

FARMERS WAY

A CHAT AND REFRESHMENTS AVAILABLE AFTER.

For more details please contact:

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