How you can get involved

Woking & Runnymede Health Walks is your local Walking for Health scheme. Our walks are free, fun and friendly – perfect to help you get active and meet new people. All walks are a maximum of 90 minutes. We also have ‘starter’ walks (max of 30 mins) every Tuesday at 11am. If you’d like to take part, all you have to do is come along to the start point of one of our walks a few minutes early, so that one of our trained walk leaders can take your details. Then you’re free to take part in as many walks as you like, as often as you like. If you want to know more before you start, just get in touch with Tasha Feddery (walks coordinator) email: tash@cornerhouse.cc or call 07473 404 962/ 01483 757461.

All details can be found online at www.walkingforhealth.org.uk

For all national enquiries, please contact Walking for Health on 0207 339 8541 or walkingforhealth@ramblers.org.uk
20th October
Horsell Village Loop
Length: 3 miles (75-90 minutes)
Meet in the café at The Lightbox,
Victoria Way, Woking GU21 4AA
Grade: Easy
Refreshment stop en route

27th November
Horsell Village Loop
Length: 3 miles (75-90 minutes)
Meet in the café at The Lightbox,
Victoria Way, Woking GU21 4AA
Grade: Moderate

30th October
Hoebridge & Carter’s Lane
Length: 2.5/3.1 miles (75-90 minutes)
Meet at public car park, Manor Way, Old Woking GU22 9JX
Grade: Moderate
No WC or refreshments.

4th December
St John’s Lye & Hook Heath
Length: 2.5-3 miles (75 minutes)
Meet St John’s Lye public car park, St John’s, Woking GU21 7SQ
Grade: Easy - moderate
Please note parking can be very limited so please lift share/ use public transport if possible.

13th November
Bullbeggars & Horsell Moor
Length: 2.5 miles (60-75 minutes)
Meet in the café at The Lightbox,
Grade: Easy

16th October
The Saturn Trail to Parkview
Length: 3.3 miles (90 mins)
Meet in the café at The Lightbox
Grade: Easy - Moderate due to distance, but easy walking surface.
Refreshment stop en route

18th December
Horsell Church
Length: 2.1 miles (45-60 minutes)
Meet in the café at The Lightbox,
Victoria Way, Woking GU21 4AA
Grade: Easy

20th November
The Saturn Trail to St Johns
Length: 3.3 miles (90 mins)
Meet in the café at The Lightbox,
Victoria Way, Woking GU21 4AA
Grade: Easy – Moderate
Refreshment stop en route

27th November
Horsell Village Loop
Length: 3 miles (75-90 minutes)
Meet in the café at The Lightbox,
Victoria Way, Woking GU21 4AA
Grade: Moderate

5th of the month: Meet outside Waitrose, 1 Goldsworth Park Centre, Denton Way, Woking GU21 3LG

6th November
Dodds Wood & River Wey
Length: 3.1 miles (90 minutes)
Meet outside The Yeoman pub (Harvester), 81 Old Woking Rd, West Byfleet KT14 6JA
Grade: Easy – Moderate

10th December
St John’s Lye & Hook Heath
Length: 2.5-3 miles (75 minutes)
Meet St John’s Lye public car park, St John’s, Woking GU21 7SQ
Grade: Easy - moderate
Please note parking can be very limited so please lift share/ use public transport if possible.

13th November
Bullbeggars & Horsell Moor
Length: 2.5 miles (60-75 minutes)
Meet in the café at The Lightbox,
Grade: Easy

16th November
Bullbeggars & Horsell Moor
Length: 2.5 miles (60-75 minutes)
Meet in the café at The Lightbox,
Grade: Easy

18th November
Horsell Church
Length: 2.1 miles (45-60 minutes)
Meet in the café at The Lightbox,
Victoria Way, Woking GU21 4AA
Grade: Easy

25th December – NO WALK
1st January – NO WALK