



Closer to Home Walking Network Stoke-on-Trent

Health Walks, Summer 2019



Our city-wide health walks are FREE and open to all - no need to book, just turn up at the meeting point. Our walking groups are friendly and sociable and have trained walk leaders. Most walks last between 45 and 90 minutes. If you haven't walked for a while, short walks (**up to 30 minutes**) are available to help you get going.

If you are coming for the first time please try and arrive about 10 minutes early and we will make sure there is a walk to suit you. We won't normally walk on bank holidays or in very bad weather (e.g. snowy/icy). For lots more information visit our website: www.closetohomewalks.org.uk

Stoke North

tel. 01782 833213

Westport Lake - Every Tuesday at 2pm

Meet: Westport Lake Café, ST6 4LB

A flat canal, lake and woodland walk at local beauty spot. Lakeside and canal paths are wheelchair friendly.



Tunstall Park - Every Wednesday at 11am

Meet: Floral Hall Café in Tunstall Park, ST6 6EE

Takes in heritage park and neighbouring greenways.



Sandyford Fire Station - Every Thursday at 11am

Meet: Sandyford Community Fire Station, ST6 5ED

Free refreshments. Meet inside the venue. Various routes in Sandyford, Goldenhill and Tunstall. Sloping ground in places.



Burslem Monthly Walk - Second Saturday of each month at 11am

Meet: Outside the Market Place Café, ST6 4AT

A variety of routes will be followed around Burslem, Cobridge and Middleport, avoiding roads where possible.



Ford Green Nature Reserve and Chatterley

Whitfield - Every Sunday at 1pm

Meet: Ford Green Hall car park, ST6 1NG

A local beauty spot with hall, lake and historic surroundings.



Stoke South

tel. 07950 479515

Nosey Parker - 1st and 3rd Mondays at 10:30am

Meet: Gladstone Pottery Museum, Longton, ST3 1PQ

A town and country walk taking in industrial heritage.



Trent Vale - 2nd Monday in the month at 10:30am

Meet: The Black Lion, London Road, ST4 5NZ

Takes in the Michelin woodland or scenic River Trent.



Star & Garter Walk - 4th Monday in the month at

10:30am **Meet:** Lightwood Rd., opposite Highland Drive, ST3 4JS Town and country walk taking in industrial heritage.



Newstead Woods Nature Trail - Every Tuesday at

11am **Meet:** Cuckoo pub, Barlaston Road, ST3 3LD A woodland walk. Can be quite muddy in wet weather.



Fenton Park and Berryhill Fields - 1st and 3rd

Wednesdays at 10:30am **Meet:** Fenton Park Pavilion, ST4 3JQ An invigorating hilly walk with great views.



Hanchurch and Beyond - Every Wednesday at 1pm

Meet: Poacher's Cottage pub, Stone Road, ST4 8AA Historic Park and grounds.



Easy walk

mostly flat and paved surfaces



Moderate walk

some inclines and rough ground



Difficult walk

steep inclines and muddy patches



Drinks available



Toilets nearby



Usual length of walk (minutes)



All our walks are easy to get to by public transport unless stated otherwise



Car parking



Facilities



Starter walks available (up to 30 minutes)

Longton Greenways - 1st and 3rd Thursdays at 11am

Meet: Belgrave Medical Centre, ST3 4LR

Free drinks; a walk in Longton Park and Florence Greenway.



Trentham Canal - Every 2nd and 4th Thursday at 11am

Meet: The Toby Carvery, Longton Road, ST4 8BU

A very popular scenic canal-side walk.



Blurton & Cockster Brook - 1st Friday in the month

at 10:30am **Meet:** Blurton Community Centre, Oakwood Road, ST3 3AR

Historic walk, takes in local parks, streams and greenways.



Four Churches Walk - Every 2nd Friday in the month

at 10:30am **Meet:** Outside the Church of Resurrection, Red Bank, ST3 4LR

A pleasant suburban history walk around Dresden.



Lineside Walk, Longton - Every 3rd Friday in the month

at 10:30am **Meet:** Gladstone Pottery Museum, ST3 1PQ Historic walk along the old railway line.



Blurton - 4th Friday in the month at 10:30am **Meet:**

St. Alban's Community Centre, Finstock Avenue, ST3 3EE

Historic walk, takes in local parks, streams and greenways.



Stoke East

tel. 07585 892598

Weston Sprink - Every Monday at 11am **Meet:**

'NHS Training Centre' car park, Weston Coyney Road (next to Westfield Lodge Care Home) ST3 6ER



Hilltop Walk, Fenpark - Every Tuesday at 10.30am

Meet: Fenton Park Methodist Church, Fenpark Rd., Fenton ST4 2NR

Countryside walks through parks and woodland, with beautiful scenery and great views. Refreshments available.



Joiner's Square Walk - Every Wednesday at 12:45

Meet: Joiner's Square Community Centre, Cornes St.

ST1 3JA Gentle community walk; the area has a small nature reserve.



Park Hall - 1st, 3rd and 5th Thursday in month at

11am **Meet:** Bolton Gate car park, Leek Rd., Weston

Coyney ST3 5BD. This is an interesting area for wildlife and various routes are followed. Some paths can be steep.



Meir Greenway Walk - Every 2nd and 4th Thursday at

11am **Meet:** Potter's Bar pub, Lysander Rd., Meir Park,

ST3 7TW Taking in Meir's parks and woodlands.



Smithpool, Fenton - Every Friday at 11:30am **Meet:**

Outside the Terrace Inn on City Rd., Fenton ST4 4NB

Various routes, including Smithpool Park, Glebedale Hill, the canal and surrounding area. Some lovely views.



Mount Pleasant Weekend Walk - 1st and 3rd Sunday

of the month at 2pm **Meet:** Outside the Terrace Inn on

City Rd., Fenton ST4 4NB All walks are at a gentle pace and of various distances, to suit everyone taking part.



Stoke West

tel. 07947 612885

Hanley Park - Every Monday at 2pm **Meet:** Shelton

Primary Care Centre, Norfolk St. (in reception area to left of doors), ST1 4PB A canal-side walk, taking in the renovated park.



Walks around Hartshill - Every Thursday at 1.45pm

Meet: The Noah's pub, Hartshill Road ST4 7NX

Various routes, including Penkhull, Hartshill Park, Basford Park and the Hartshill Heritage trail. **PLEASE NOTE:** When

there is a 5th Thursday in the month a special walk will be arranged and the meeting place will alter. For details ring

07415 227535 (Reg Edwards)



Festival Park Walk - Every Saturday at 2:00pm

Meet: Back of Morrison's car park, by gate into Festival site (near recycling bins) ST1 5NY

The Garden Festival site, Trent and Mersey canal and surrounding areas. Includes some steps and inclines.



Find us on facebook:

'Closer to Home Circular Walks'

Stoke-on-Trent