

# Local areas of interest



**Devon Wildlife Trust** is the only charity that exists to protect all wildlife in Devon and to safeguard Devon's unique natural environment. DWT manages some 50 nature reserves in Devon - vital havens for wildlife and places to be discovered and enjoyed by all. Our Wildlife Champions network engages and inspires 10,000 children a year to love wildlife, and take action for its benefit. [www.devonwildlifetrust.org](http://www.devonwildlifetrust.org)



**The Offwell Woodland & Wildlife Trust** is a British conservation and education charity. We manage the 50 acre Woodland Education Centre in East Devon, England, consisting of a wide variety of restored native wildlife habitats rich in wildlife. [www.britishcountryside.webplus.net](http://www.britishcountryside.webplus.net)

**Legacy to Landscape** is an exciting new community heritage project which aims to celebrate an area of rural landscape based on a 1780's map of the Shute estate in East Devon. This historic map covers the landscape of the Colyton and Shute area. Through a programme of wildlife and history walks and activities, Legacy to Landscape will reveal the rich heritage of this hidden landscape, which has remained virtually unchanged for centuries.

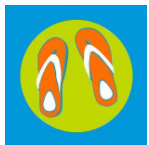
Full events programme: <https://t.co/iUp3avt9C5>

Contact: 01404 310012 or email [legacytolandscape@gmail.com](mailto:legacytolandscape@gmail.com)



**The East Devon Way** has had a makeover, this beautiful inland route had almost been forgotten but we have put it back on the map with a new guidebook and an interactive map listing businesses within easy reach of the path. Why not walk the route and discover Devon's hidden gems. [www.eastdevonaonb.org.uk/index.php?page=east-devon-way](http://www.eastdevonaonb.org.uk/index.php?page=east-devon-way)

**Seaton Wetlands Nature Reserve** - Nearly 4km of level trails and boardwalk through beautiful marshland and reed beds alongside the river Axe, home to an abundance of wildlife. Seaton Wetlands is made up of four main sites - Seaton Marshes, Black Hole Marsh, Colyford Common and Stafford Marsh. There is also a new 'Lookout'. The signposted trails at the Wetlands make them ideal for a peaceful stroll in the fresh air; you can also have fun pond dipping, or enjoying a picnic with family and friends as well as getting to see your wonderful local wildlife up close from the five hides. [eastdevon.gov.uk/countryside/countryside-sites/seaton-wetlands](http://eastdevon.gov.uk/countryside/countryside-sites/seaton-wetlands)



**Flip Flops or Wellies**

Website and Blog  
Ideas for days out, walks, events & great cake stops in East Devon and Dorset  
[www.flipflopsorwellies.co.uk](http://www.flipflopsorwellies.co.uk)

# step right up



## East Devon Health Walks

**August 2016 - January 2017**

Meet at 10.15am for registration, walks starts at 10.30am

Supported by



[www.ledleisure.co.uk](http://www.ledleisure.co.uk)



[carsharedevon.com](http://carsharedevon.com)

# Grades Explained



## Grade 1

Approx. 20 - 30 Mins

For those just starting to exercise who would find hills a problem, on mostly flat level footpaths.



## Grade 2

Approx. 30 - 60 Mins

For those who can do a little exercise and cope with gentle on mostly flat and level footpaths but with some slight gradients.



## Grade 3

Approx. 60 - 90 Mins

For those able to walk at moderate speed, with slopes and uneven pathways. On footpaths and pavements with some gradients and hills. Steps with handrails and stiles in some places. It can be slippery under foot when wet.



Getting active can be difficult. But we're here to help. With Walking for Health, you can take part in a free short walk nearby to help you get active at a pace that works for you. It's a great way to stretch your legs, explore what's on your doorstep and make new friends. For over 12 years, we've helped thousands of people like you discover the many benefits of regular group walks. From reducing stress, to losing weight, to sharing laughs, Walking for Health has something for everyone.

## Next Step

If you feel ready to take the next step with your exercise then please

**Contact Lottie on 01395 255083**

or email her at [outreach@ledleisure.co.uk](mailto:outreach@ledleisure.co.uk)



# Exmouth Tuesday Walks



# Saturday Walks



Date	Walk	Grade	Date	Walk	Grade
02/08/16	Orcombe Point	1, 2, 3	06/08/16	Foxholes	1, 2, 3
09/08/16	Gunfield	1, 2, 3	13/08/16	Esplanade	1, 2, 3
16/08/16	Belshar	1, 2, 3	20/08/16	Madeira	1, 2, 3
23/08/16	Special Walk	1, 2, 3	27/08/16	Orcombe Point	1, 2, 3
30/08/16	Madeira	1, 2, 3	03/09/16	Foxholes	1, 2, 3
06/09/16	Esplanade	1, 2, 3	10/09/16	Special Walk	1, 2, 3
13/09/16	Foxholes	1, 2, 3	17/09/16	Gunfield	1, 2, 3
20/09/16	Orcombe Point	1, 2, 3	24/09/16	Belshar	1, 2, 3
27/09/16	Special Walk	1, 2, 3	01/10/16	Esplanade	1, 2, 3
04/10/16	Gunfield	1, 2, 3	08/10/16	Special Walk	1, 2, 3
11/10/16	Esplanade	1, 2, 3	15/10/16	Orcombe Point	1, 2, 3
18/10/16	Belshar	1, 2, 3	22/10/16	Madeira	1, 2, 3
25/10/16	Special Walk	1, 2, 3	29/10/16	Gunfield	1, 2, 3
01/11/16	Foxholes	1, 2, 3	05/11/16	Esplanade	1, 2, 3
08/11/16	Orcombe Point	1, 2, 3	12/11/16	Foxholes	1, 2, 3
15/11/16	Esplanade	1, 2, 3	19/11/16	Special Walk	1, 2, 3
22/11/16	Gunfield	1, 2, 3	26/11/16	Orcombe Point	1, 2, 3
29/11/16	Belshar	1, 2, 3	03/12/16	Esplanade	1, 2, 3
06/12/16	Madeira	1, 2, 3	10/12/16	Gunfield	1, 2, 3
13/12/16	Esplanade	1, 2, 3	17/12/16	Foxholes	1, 2, 3
20/12/16	Orcombe Point	1, 2, 3	24/12/16	No Walk - HAPPY CHRISTMAS!	
27/12/16	No Walk - HAPPY CHRISTMAS!		31/12/16	No Walk - HAPPY NEW YEAR!	
03/01/17	Gunfield	1, 2, 3	07/01/17	Belshar	1, 2, 3
10/01/17	Esplanade	1, 2, 3	14/01/17	Orcombe Point	1, 2, 3
17/01/17	Foxholes	1, 2, 3	21/01/17	Madeira	1, 2, 3
24/01/17	Belshar	1, 2, 3	28/01/17	Esplanade	1, 2, 3
31/01/17	Orcombe Point	1, 2, 3			

## Exmouth Meeting Places



All walks meet at the Manor Gardens Performance Stage – Behind the old Tourist information. The Walk Leaders may vary or change a listed walk at short notice also due to adverse weather conditions.

# Friday Walks Axminster



Date	Walk	Grade	Meeting Place
05/08/16	Kilminster	1,2,3	New Inn car park, Kilminster
12/08/16	Cloakham	2,3	Outside Axminster Tescos (2hr free parking only)
19/08/16	Colyton River Walk	2,3	Dolphin Street car park, town centre
26/08/16	Monks Way	2,3	Outside Axminster Tescos (2hr free parking only)
02/09/16	Blackbury camp	1,2,3	Blackbury Honey Farm sign posted off Seaton to Hare & Hounds Road (foc)
09/09/16	Chardstock	2,3	George Inn car park
16/09/16	Woodbury	2,3	Outside Axminster Tescos (2hr free parking only)
23/09/16	Donkey Sanctuary	2,3	On A3052 between Sidford and Seaton. Follow the brown tourist signs and park in the overflow car park
30/09/16	Uplyme	2,3	Talbot Arms car park
07/10/16	Seaton	1,2,3	Main entrance of Seaton Tescos (3hr free parking only)
14/10/16	Musbury	2,3	Musbury Village Hall
21/10/16	Branscombe	2,3	Village Hall, Branscombe
28/10/16	Lamberts Castle	2,3	National Trust car park on B3165 from Raymonds Hill turn right just after turning for Fishponds
04/11/16	Chard Reservoir	1,2,3	From Chard take the A30 towards Crewkerne. Take 2nd turning left after the hospital and follow signs (No dogs allowed around the lake)
11/11/16	Dalwood	2,3	Opposite Tuckers Arms, Dalwood
18/11/16	Colyton River Walk	2,3	Dolphin Street car park, town centre
25/11/16	Foxhill	2,3	Axminster old market car park
02/12/16	Kilminster	1,2,3	New Inn car park, Kilminster
09/12/16	Coombefields	2,3	Old Market car park, Axminster
16/12/16	Wootton Woods	2,3	Take the B3165 from Raymonds Hill, turn right at the White Gates on County Border to track on the right where there is parking
23/12/16	No Walk - HAPPY CHRISTMAS!		
30/12/16	No Walk - HAPPY NEW YEAR!		
06/01/17	Uplyme - New Year Carvery	2,3	Talbot Arms car park
13/01/17	Hunthay	2,3	Outside Axminster Tescos (2hr free parking only)
20/01/17	Seaton	2,3	Main entrance of Seaton Tescos (3hr free parking only)
27/01/17	Wyke	2,3	Old Market car park, Axminster

# Monday Walks Sid Valley



Date	Walk	Grade	Meeting Place
01/08/2016	Squabmoor	3	Car park near FOUR FIRS crossroads
08/08/2016	Bovey Down	3	Turn at Hangmans Stone
15/08/2016	Aylesbere common	3	Opposite the Harpford walk, car park off A3052, halfway between Newton Pop and Halfway Inn
22/08/2016	Shute Hill Wood	3	From Shute take Haddon Road, car park found on the left (foc)
29/08/2016	Otterton Coastal	3	Park on Maunders Hill off Fore Street Otterton (foc)
05/09/2016	Venn Ottery	3	Park and meet in the Newton Popleford Sports Field car park, Back Lane (foc)
12/09/2016	Seaton - Beer	3	Tesco Car Park
19/09/2016	Bovey Down	3	Turn at Hangmans Stone
26/09/2016	Knowles Wood	3	Knowles Wood car park, Broad Road
03/10/2016	Tipton St John Circular	3	Park around village, meet by Millennium Clock opposite garage
10/10/2016	Seaton - Axmouth	3	Main entrance of Seaton Tescos (3hr free parking)
17/10/2016	Chineway Head	3	From Chineway head take road towards White Cross, park on first track on left (foc)
24/10/2016	Ottery - Strawberry Fields	3	Meet in car park, Strawberry Lane, EX11 1RG
31/10/2016	Hollywood	3	Meet at Seaton Down Hill picnic area Seaton, off A3052 opposite Esso Garage
07/11/2016	Otterton River Circular	3	Park on Maunders hill off Fore Street Otterton (foc)
14/11/2016	Donkey Sanctuary	3	Situated just outside Sidford on the road towards Seaton. Follow the brown tourist signs, park in the staff car park (foc)
21/11/2016	Blackbury Camp	3	Signposted off the Hare and Hounds to Seaton Road (foc)
28/11/2016	Ottery-Tipton Strawberry Fields	3	Meet in car park, Strawberry Lane, EX11 1RG
05/12/2016	Peak Hill	3	Peak Hill car park, Sidmouth (foc)
12/12/2016	Sidmouth Obs -Soldiers Hill	3	Salcombe Hill car park, Sidmouth, EX10 ONY
19/12/2016	Newton Pop/Bowd Woods	3	Park and meet in the Newton Popleford Sports Field car park, Back Lane (foc)
26/12/2016	No Walk - HAPPY CHRISTMAS!		
02/01/2017	Mutters Moor	3	Peak Hill car park, Sidmouth (foc)
09/01/2017	Knapps Copse	3	Knapps Copse nature reserve approx. 2/3 miles from Hare & Hounds Pub on the Seaton Road
16/01/2017	Core Copse	3	Park on the bridleway between East Hill Strips Road and gate to woods (foc)
23/01/2017	Branscombe	3	Village Hall, Branscombe
30/01/2017	Colyton - Hollywood	3	Colyton, Hillhead Picnic Area, free parking Level 3

# Wednesday Walks Sid Valley

Date	Walk	Grade	Meeting Place
03/08/2016	Seaton	1, 2, 3	Main entrance of Seaton Tescos (3hr free parking)
10/08/2016	<b>SPECIAL EVENING WALK</b>		
17/08/2016	Ottery - Strawberry Fields	2, 3	Meet in car park, Strawberry Lane, EX11 1RG
24/08/2016	White Cross	2, 3	Park and meet White Cross car park end of East Hill Strips Road (foc)
31/08/2016	Sidford Byes	1, 2, 3	Warrens Lane, Byes Lane, Sidford, park at the Rugby Club (foc)
07/09/2016	Mutters Moor	2, 3	Peak Hill car park, Sidmouth (foc)
14/09/2016	Escot	2, 3	Park and meet in the public car park
21/09/2016	Ottery - Strawberry Fields	2, 3	Meet in car park, Strawberry Lane, EX11 1RG
28/09/2016	Core Copse	2, 3	Park on the bridleway between East Hill Strips Road and gate to woods (foc)
05/10/2016	Seaton	1, 2, 3	Main entrance of Seaton Tescos (3hr free parking)
12/10/2016	Sidmouth Observatory	2, 3	Salcombe Hill car park, Sidmouth, EX10 0NY
19/10/2016	Newton Pop -Harpford	2, 3	Park and meet in the Newton Poppleford Sports Field car park, Back Lane (foc)
26/10/2016	Escot	2, 3	Park and meet in the public car park
02/11/2016	Colyton	1, 2, 3	Public car park in town centre (pay and display)
09/11/2016	Sidford Byes	2, 3	Warrens Lane, Byes Lane, Sidford, Park at the Rugby Club (foc)
16/11/2016	Hembury Fort	2, 3	Coming from Honiton on the A373, turn right at the top of the hill. The car park is about half a mile up the unclassified road on the left
23/11/2016	White Cross	2, 3	Park and meet White Cross car park end of East Hill Strips Road (foc)
30/11/2016	Honiton	1, 2, 3	The Beehive, Honiton
07/12/2016	Seaton	2, 3	Main entrance of Seaton Tescos (3hr free parking)
14/12/2016	Colyton	2, 3	Public car park in town centre (pay and display)
21/12/2016	Ottery - Strawberry Fields	2,3	Meet in car park, Strawberry Lane, EX11 1RG
28/12/2016	<b>No Walk - HAPPY CHRISTMAS!</b>		
04/01/2017	Escot	1, 2, 3	Park and meet in the public car park
11/01/2017	Otterton	2, 3	Maunders Hill off Fore Street Otterton (foc)
18/01/2017	Sidford Byes	2, 3	Warrens Lane, Byes Lane, Sidford, Park at the Rugby Club (foc)
25/01/2017	Escot	2, 3	Park and meet in the public car park

# Wednesday Walks Colyton/Seaton

Date	Walk	Grade	Meeting Place
03/08/2016	Colyton-Morganhayes	1,2,3	Park at entrance to Morganhayes Covert, opp Leacroft Caravan Park
10/08/2016	Shute Pillars	1,2	Shute Pillars car park just off road from A35, heading for Shute
17/08/2016	Lower Bruckland	1,2,3	Signposted from the A3052, east of Boshill Cross (£3.50 charge)
24/08/2016	Harpford Woods	1,2	Park in layby off A3052, near The Bowd Inn, EX10 0DN
31/08/2016	Branscombe	1,2,3	Branscombe Village Hall, opp bakery, EX12 3DB
07/09/2016	Tipton St John	1,2	Tipton St John car park, next to river
14/09/2016	Lyme to Uplyme	2,3	Horn Bridge, Colway Lane, Lyme Regis, DT7 3HA
21/09/2016	Wootton Woods	1,2,3	Take B3165 from Raymonds Hill, turn right at White Gates on County Border, bear right where road forks. Car Park on left.
28/09/2016	Axminster	1,2,3	Outside Axminster Tesco store entrance (2hrs free parking only)
05/10/2016	Seaton to Seaton Hole	2,3	Seaton, Tesco - store entrance (3hrs free parking)
12/10/2016	Donkey Sanctuary	1,2	Donkey Sanctuary - On A3052 between Sidford and Seaton. Follow brown tourist signs and park in Staff Car Park
19/10/2016	Beer	2,3	Beer Head car park, EX12 3AH
26/10/2016	Colyton	1,2,3	Colyton Picnic Area, Hillhead
02/11/2016	Lyme Regis	1,2,3	Horn Bridge, Colway Lane, Lyme Regis, DT7 3HA
09/11/2016	Sidmouth Observatory	1,2	Salcombe Hill car park, Sidmouth, EX10 0NY
16/11/2016	Seaton, Black Hole Marsh (no dogs)	1,2	Grade 1+2 car park behind Seaton Cemetery
23/11/2016	Colyton, Southleigh Road	1,2	Colyton Picnic Area, Hillhead
30/11/2016	Otterton	2,3	Otterton Mill, Otterton
07/12/2016	Kilmington	2,3	Kilmington Village Hall
14/12/2016	Seaton + Christmas Lunch	1,2,3	The Ship, Axmouth
21/12/2016	<b>No Walk - HAPPY CHRISTMAS!</b>		
28/12/2016	<b>No Walk - HAPPY CHRISTMAS!</b>		
04/01/2017	Sidford Byes	1,2,3	Warrens Lane, Byes Lane, Sidford, park at Rugby Club
11/01/2017	Blackberry Camp	1,2	Signposted right, off the Seaton/Hare & Hounds road
18/01/2017	Colyton	1,2	Colyton Picnic Area, Hillhead
25/01/2017	Seaton	1,2,3	Seaton, Tesco - store entrance ( 3hrs free parking )