All health walks are free, usually one hour walks (approximately two miles), and everyone is welcome no matter what their age or ability. We have a variety of walks graded easy to moderate on the coastal promenades and along countryside paths, they run throughout the year with an average three walks a week led by our trained volunteer walk leaders. If one hour is a bit too long for you, our health walk leaders can help by starting you off at a gentle amble at 30 minutes. Please let the leader know if you would find it helpful if the group joined from Fleetwood, Cleveleys and the Great Eccleston Village Centre. These walks will be available from Fleetwood, Cleveleys, Great Eccleston Village Centre and the Great Eccleston Village Centre.

Each month we offer a 2 hour Legstretcher which are charged at £3.50 for adults and £2.50 for concessions – please see the £ adjacent to the listing.

Walking Wyre Health Walks 2018

January

**February**

**March**

**April**

**May**

**June**

**July**

**August**

**September**

**October**

**November**

**December**

Walking Wyre is a health walk programme run by the Wyre Coast and Countryside Service of Wyre Council.