
Guidance for walk leaders – the new walker registration form

The new walker registration form is much shorter than the previous version, requesting only contact information, and for walkers to provide their permission to be contacted by Ramblers Walking for Health and your local scheme. New walkers who agree to be contacted will be emailed a health data survey after the walk.

If a walker does not have an email address or does not consent to be emailed the health survey, they can be given a paper version of the health data form. This does not contain any personal data (contact details), and walkers' health data is kept anonymous.

What's on the new form?

Contact details

On just one side of paper, the new form requests contact details from a walker, and lets them know that their information will be held on the Ramblers Walking for Health database and used by Ramblers and your scheme for administrative purposes.

- Name
- Email
- Address
- Post code
- Phone number

Consent for Ramblers Walking for Health to contact the walker

The Ramblers Walking for Health team would like to be able to contact new walkers, and so the new form asks walkers whether they would like to 'opt-in' to:

- Hearing from Ramblers Walking for Health about the programme's work, including fundraising, campaigning and volunteering.

Consent for the organisation that runs your local scheme to contact the walker

Three versions of form are available, which contain different ways in which your scheme can request consent to contact a walker:

- A walker registration form containing example consent statement which allows them to contact walkers to promote their organisations activities and other relevant information.
- A walker registration form with a blank space where your scheme can insert their own consent statement
- A walker registration form that does not request consent from walkers to hear from your scheme, if walkers' information is used for administrative purposes only.

If you're unsure of which walker registration form to use, ask your scheme coordinator. You can download the forms and find guidance here: <https://www.walkingforhealth.org.uk/scheme-zone/new-walker-registration-form>.

Anonymised health survey – paper version

It's very important that we're able to continue to collect health data from walkers. This allows us to demonstrate the impact that the national programme and your local scheme is making.

If a walker does not have an email address or does not consent to receiving a health survey by email, they can also be offered a paper version of the form. This form is completely anonymous, as it does not contain contact information. The form should be given to your scheme coordinator or uploaded to the Walking for Health database as per your scheme's normal procedure.

Privacy policy

Whichever form you use, it should contain a link to your scheme's privacy policy. Ask your scheme coordinator if the form you are using does not contain a link to the privacy policy.

Other useful documents, which you can download here:

- Walker registration form guidance
- Instructions for web and data administrators

Walk leader instructions

Before the walk

Make sure you have copies of both the new walker registration form and the anonymised health survey to hand out to any new walkers.

You can download them here: <https://www.walkingforhealth.org.uk/scheme-zone/new-walker-registration-form>.

If you're unsure of which walker registration form to use, ask your scheme coordinator.

At the start of the walk

1. Hand out the new short walker registration form to any new walkers.
2. Point out to the new walkers that if they provide their email address and consent to be contacted by Ramblers Walking for Health, they will be emailed a link to complete their health data survey.
3. If they do not provide an email address or health data survey, pass them a copy of the anonymised paper form. This can be completed immediately and handed back to the walk leader.
4. Once the new registrations have been completed, they can be collected and added to the Walking for Health database as normal.