





Walker Registration Form



<p>Name of your walking group</p>

All new walkers should fill out this form. It tells us a little bit about you and helps us plan our walks. Answer all the questions you can. Leave blank any you cannot answer.

	<p>Your name</p>
	<p>Your address</p> <p>Postcode</p>
	<p>Your phone number</p>
	<p>Your email address</p>



Are you happy for your local walking group to contact you about things that you might be interested in? **Tick one box**

Yes

No

How would you like us to contact you? **Tick one box**



Phone



Email



Post



Ramblers is the national organisation that run Walking for Health. Are you happy for them to contact you **by email** to tell you more about their work? **Tick one box**

Yes

No

We would like to collect information about your health. If you are happy to give this information, your walk leader will give you the survey to complete. Your name would not be on the form so your information is kept private.

Walking for Health and your local walking group will keep your information safe on paper and on our computers.

Please tick to say you agree:

- I walk at my own risk - this means it is not the walk leader's fault if I am not well on the walk or if something happens.
- I understand this form (or, someone helped me to fill this form in).

Date:

You can find out more about Walking for Health and how we use your name and contact details by looking on the Internet at:

www.walkingforhealth.org.uk