

in your community...



FREE Caring Hands Walking Group

are you interested in becoming more active?
then come along for a relaxed, friendly walk



When: Every Wednesday

Dates: 14th June- 6th September 2017

Time: 2:00-3:00pm

Where: Meet outside the North Leeds Medical Practice, Milan Street,
Leeds, LS8 5JW



For more details please contact:

Dominic Ayton: Email: Dominic.ayton@leeds.gov.uk

Tel: 0113 37 85105 or 07891 275149

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